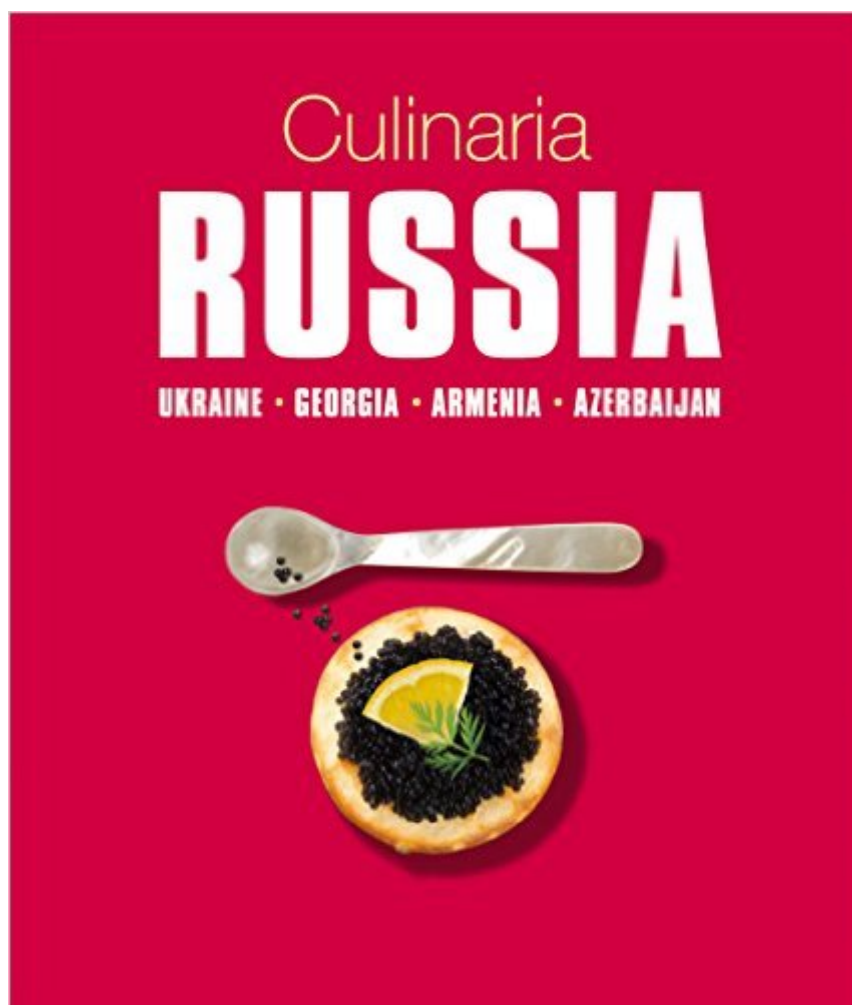


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# Culinaria Russia: Ukraine, Georgia, Armenia, Azerbaijan



## Synopsis

Blini, caviar, and borscht are familiar enough to many people, but what surprises might await us when we try ukha, khinkali, khachapuri, lahmajjo, or plov? Russia, Ukraine, and Caucasus offer a wealth of culinary delicacies that are hardly known to us, a myriad of foods and flavors fed by the most diverse influences and cultures at the intersection of Orient and Occident. The spectrum extends from traditional fish and meat specialties of the nomadic peoples in northern Russia to sweets with a touch of oriental flavor favored in Azerbaijan. This book explores the extraordinary breadth of this fascinating, multicultural cuisine in informative texts written by selected experts with deep understanding of the countries, paired with impressive photography. In addition to providing background information about the various lands and the foods that are typical of each of them, readers will find a generous selection of authentic recipes that invite them to explore this new culinary terrain up close and personal, through cooking, eating, and enjoying.

## Book Information

Paperback: 372 pages

Publisher: H.F. Ullmann (February 10, 2008)

Language: English

ISBN-10: 383314081X

ISBN-13: 978-3833140815

Product Dimensions: 8.6 x 1.3 x 9.8 inches

Shipping Weight: 3 pounds

Average Customer Review: 2.9 out of 5 stars [See all reviews](#) (46 customer reviews)

Best Sellers Rank: #972,036 in Books (See Top 100 in Books) #54 in [Books > Cookbooks, Food & Wine > Regional & International > European > Russian](#)

## Customer Reviews

I'm from Russia and I was struggling with finding a book in English with proper Russian recipes, until I got Culinaria. The book is great, the recipes are real ones (not adapted), the book has a lot of colourful photos. Another advantage of the book is that it also has georgian, armenian, azerbaijan and ukrainian recipes - these cuisines are very popular in Russia and I'm glad that now I have their recipes as well.

This large format book filled with great photographs will bring you to five countries - Russia, Ukraine, Georgia, Armenia and Azerbaijan (but also to some places in between). The author is taking a

journey through Russia and its neighboring lands and talks about cultural traditions when it comes to dining, favorite foods and recipes. But this is not a cookbook in its traditional form. Although you will find many recipes throughout its pages, the book tells just as much about the local traditions, cooking "preferences", favorite foods, "likes & dislikes". In any case, it's a great read for anyone who craves to learn more about that colorful part of the world. The author of the book is German, but the photographer is Russian, and this is a plus because he captures the beauty of the countries and people like no other. The pictures with meals look delicious, too! You will find a variety of Ukrainian appetizers on the book's pages, some traditional Russian recipes (like "pelmeni") and so, so much more! More than any other book I have read about Russian food and cooking, this one really touched my heart...

Russian is my main heritage, and my father came from Russia to this country years ago, I found this book very educational, and informative. Besides all the old time recipes that I grew up on, the cultural information just blew me away. What a great book!

I bought this book from a Russian vendor at a special vendor night at the US Embassy in Moscow, Russia. I was hesitant at first, but as soon as I opened the book I discovered it was filled with many colorful photos, detailed descriptions, recipes, maps, scenery, indexes, etc. (ALL IN ENGLISH!) Every page of the book has color photos. This book would be suitable for a coffee table book, for tourists, or just to learn about the culture, history, and foods in Russia and its neighboring countries. I'm very satisfied with this purchase.

This book is wonderful! My Russian grandmother could not get enough of it! Not only does it have exceptional recipes, but it also has wonderful stories to go along with many of the recipes. The book also has beautiful pictures not only of the food, but of the people and the history, too. A great purchase whether you are Russian or not!

I have all the books from Culinaria and just bought this Russia one...It's a dream, looking in this book, you find yourself back on a dining table somewhere in Russia with all the good foods, all the rich traditions and wonderful culture of that country...You learn how those people live in the cold winters and warm summers.. This book is more than a book, it's a trip in history, traditions and looking at all the beautiful pictures make you hungry and before you know it, you are cooking and eating all those goodies, the recipes are easy to follow.

Short and sweet - this book follows the Culinaria cut and paste formula for success. Regional cuisines are explored and then the more interesting ones are elaborated on and followed up with recipes. The recipe measures are in American units such as ounces although metric units are also listed. The photography is stunning as in all the Culinaria books in the series and the authors have chosen interesting topics, areas and cuisines to explore. There is not as much an emphasis on cheeses as in the other books in the series. Wines and spirits are well covered.

Yes, it's a beautiful book with some good information about the region and its culture. But if you're looking for a cookbook, this really isn't the best. The recipes are hard to follow with ingredients that typical stores don't carry, and geared toward someone with exceptional cooking skills. The English is poorly edited, leaving meaning hard to decipher at times. As for the food in the book, it doesn't include the main staples you'd find on a Russian table - it dresses everything up in ways that the typical Russian cook wouldn't. If you want to learn to make traditional Russian cuisine, look for another book. If you want a conversation starter with great pictures, this is perfect.

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